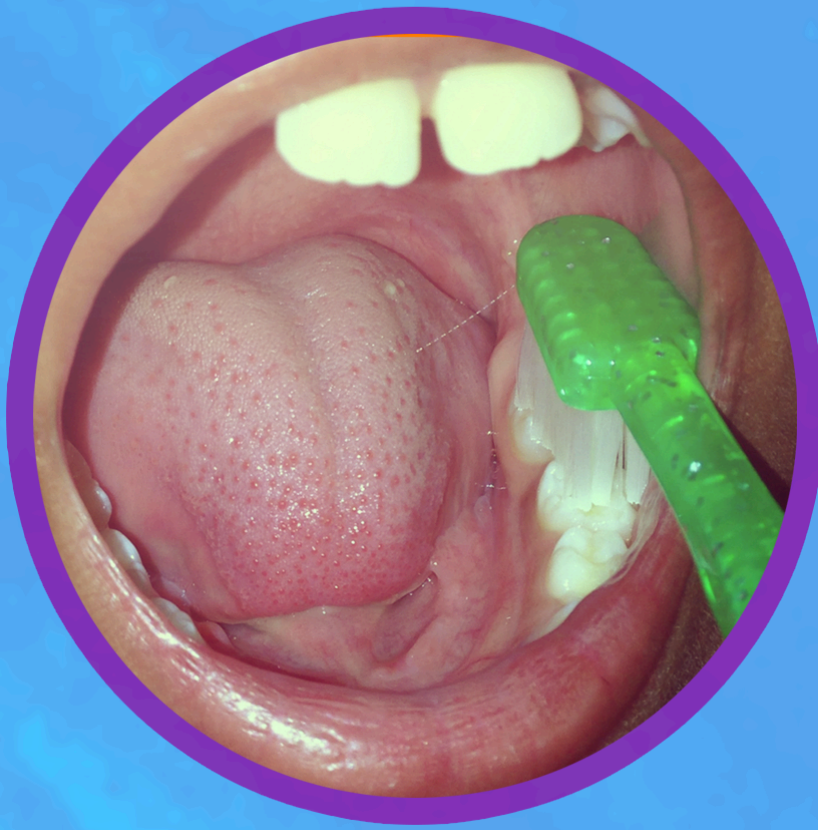


BRUSH YOUR TEETH WITH MOLARTRON & Friends!



1. TOPS

BRUSH THE TOPS OF EACH TOOTH BOTH TOP AND BOTTOM, BACK AND FORTH.



2. INSIDE

BRUSH INSIDE EACH TOOTH IN SMALL CIRCULAR MOVEMENTS!



3. OUTSIDE

BRUSH IN SMALL CIRCULAR MOVEMENTS OUTSIDE EACH TOOTH!



4. BEHIND

BRUSH BEHIND EACH FRONT TOOTH, BOTH TOP AND BOTTOM!



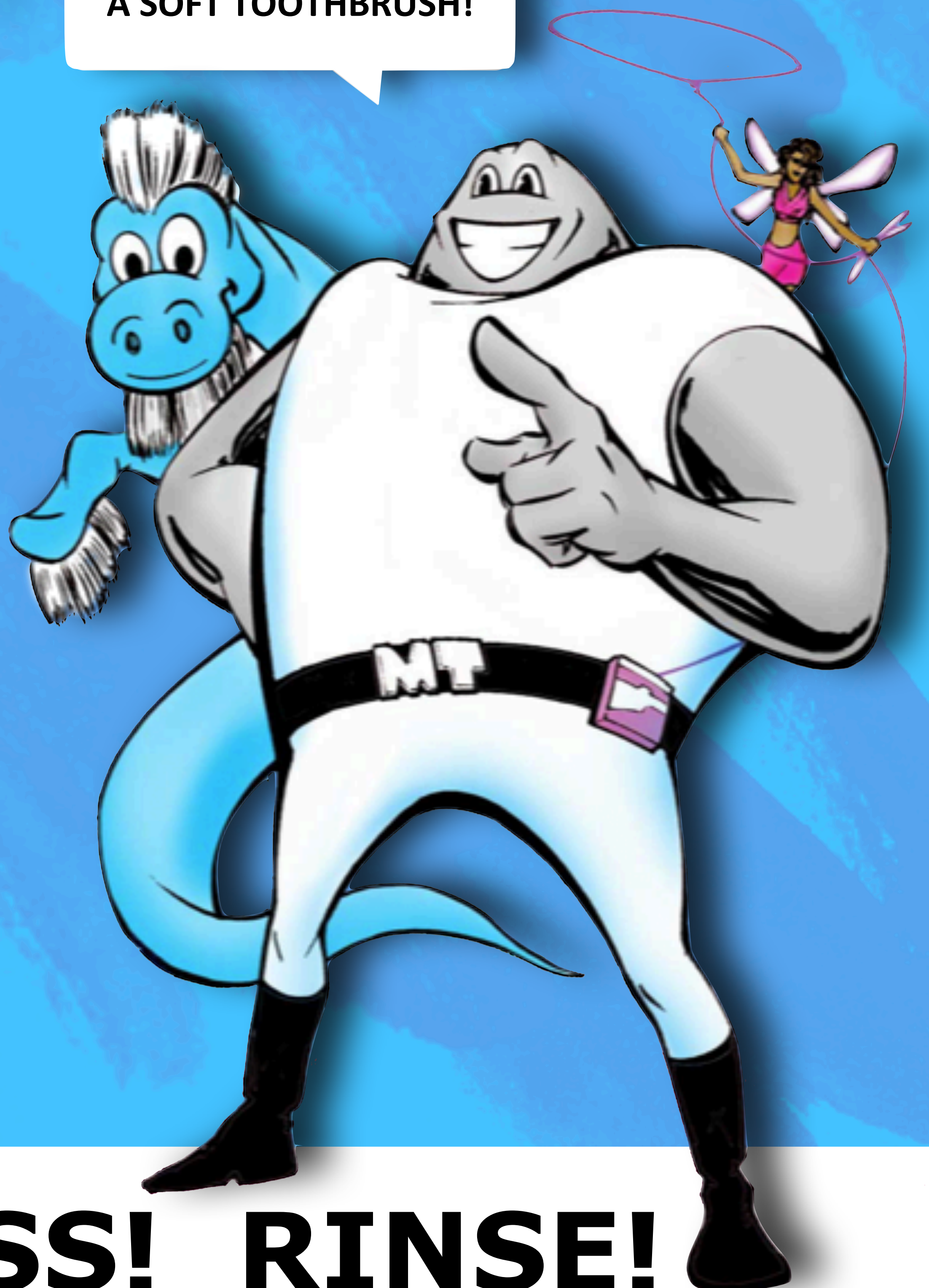
5. TONGUE

REMEMBER TO **BRUSH** YOUR TONGUE!

BE HEALTHY!
BRUSH YOUR TEETH WITH
A SOFT TOOTHBRUSH!

GET FIRM WITH THE **GERM!** HERE'S HOW:

- BRUSH FOR 2 WHOLE MINUTES 2 TIMES A DAY, IN THE MORNING AND AT NIGHT AFTER MEALS.
- AVOID SUGARY TREATS!! YIKES! SUGAR GIVES US HOLES IN OUR TEETH CALLED CAVITIES!
- USE A PEA-SIZED AMOUNT OF TOOTHPASTE AND BE SURE TO SPIT IT ALL OUT WHEN YOU ARE DONE!
- REMEMBER TO ANGLE THE BRISTLES OF THE TOOTHBRUSH TOWARD THE GUM LINE.
- FLOSS EVERY DAY.
- HAVE A DENTIST CHECK YOUR TEETH AND GUMS AND MOUTH TWICE A YEAR!



BRUSH! FLOSS! RINSE!



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